Huddle Group Information

Goal
The goal of a huddle is to help people connect deeply with God, connect deeply with others and to live out God’s mission to get the world connected to him.

Strategy
The way we try to live out this goal is by helping people develop a regular rhythm of reaching up, in, and out. We invite huddlers to live daily rhythms of up and out and a weekly rhythm of Out in a huddle group. Here’s a closer look at how this happens:

• **Up**
  - There are lots of ways to reach up to God, but the primary means for huddle is mediation. Meditation involves:
    - quieting ourselves in God’s presence
    - slowing down our minds and our souls
    - opening ourselves up to receive whatever God wants to say
    - reflective reading of a bible passage
    - listening to God’s voice
  - We believe that when people meditate on God this way, it will result in
    - connection
    - direction
    - transformation
  - Mediation is a spiritual discipline and it will take time to develop this skill, so don’t be discouraged if huge revelations don’t happen right away. The more you work on your mediation skills, the better you will get at it.

• **In**
  - Reaching in is about developing deep, authentic, caring, and safe relationships with others. A huddle can be a really great place to foster these types of relationships. For this to happen, the leader will need to model and train huddlers to follow the Up, In, Out rhythms, the huddle covenant and the LAMP process.

• **Out**
  - Reaching out is really about paying attention and responding to how the Spirit is working all around you. God is on a mission to connect the world to himself. 2 Corinthians 5 describes it as a mission of reconciliation, making things right between God and his creation. Our job is to discern how God is working and to help him. We can start to do this by doing 4 things:
    - praying – talking and listening
    - meditating – listening through Scripture
    - having missional radar on – being ready and attentive to what is going on
    - responding – acting when the Spirit prompts

Huddle Session
So what actually happens in a huddle? We have designed a simple process using the acronym LAMP to enlighten you.

**Listening** – How have you been listening to God? What has he been saying?

**Accountability** – What do you want us to keep you accountable with? How do you want us to do that?

**Mission** – How have you been living missional? How is God working around you? Who are you investing in?

**Prayer** – How can we pray for you right now and during the week?

Every part of the LAMP process is essential to a huddle group.